



FERTILITY HEALING

When and Why to Use this Healing

The Fertility healing brings hormonal balance to the procreative genital areas of both men and women. It is helpful in dealing with pregnancy issues, menstruation, prostate issues, and menopause.

The act of procreation is one of the most powerful elements in life. An energized and hormonally balanced energy system and genital area is essential whether it is used to create a baby, a relationship, a business, a new spiritual life for the individual, or the pleasure of being a creative force in the universe.

Everything that is created is a reflection of the creator. In order to create anything at the physical level that is representative of the individual, and also be healthy for that individual over the long run, there must be a balance between the mind, heart and lower chakras in the act of creation. In the case of getting pregnant, there are many reasons that the process can become blocked. If the mother or father-to-be has unconscious misgivings about their ability as parents, or doesn't want to give up their freedom, or is worried that their spouse will not be supportive, or has had some kind of trauma around childhood or parenting, their mind will block the initial energy needed from the pituitary gland to begin the act of creation. If they are having the child to make up for a lack of love in the relationship, or self-love, and are hoping that by having a child it will improve this relationship, the thymus will block the hormonal balance. If there is fear or a deeper sense of lack of security at the time, the genitals will be overrun by the adrenals and will block the process. All of these can also apply to the creation of a business, or a rebirthing of the self spiritually, or any birth process.

The fertility healing can calm and balance menstrual problems, menopause and prostate problems as well as begin the process of discovering deeper energetic issues around owning femininity and masculinity.

Fertility Healing Technique:

1. Set up the client and table normally.
2. Start with a quick Chakra Balance but do not close.
3. Place the palm of each hand over one of the ovaries. For the testes, place hands between the knees. Feel the level of desire to give birth to this new life and create.
4. Feel each of the ovaries or the testes pulse. Notice if there is one that is strong and one weak, or if they are out of rhythm. With intention, bring them into harmony, balance and a consistent vibrational rhythm.
5. Leave the sending hand over the ovaries with thumb over one ovary and the first finger over the other keeping them in rhythm, or between the knees for men. Place the fingertips of the other hand gently into the thymus. Notice if there is an energetic imbalance between the Spiritual Life Purpose and the desired creation. Bring the genitals and the thymus into the same vibrational rhythm.
6. Keeping the sending hand over the genitals, place the fingertips of the other hand just above the third eye and deep into the rear of the cranium to the pituitary/pineal gland region of the brain. Notice if there is an energetic imbalance between their vision and deepest soul clarity and what they are giving birth to creatively. Bring the genitals and the thymus and pituitary into the same vibrational rhythm.
7. Do a Standard Closing: Hold both hands hovering over the 6th chakra, palms down, sending hand on the bottom. Send indigo energy down on the exhale breath, to see themselves in a different way. Bring up orange energy on the inhale breath, to feel themselves in a new way. Close their field by sweeping your hands down from overhead in a circle using gold color. Close the front and back of your own 2nd chakra.